

Outreach Committee Meeting Notes

January 7, 2019: 6:00 – 7:00 p.m. (EST)

(605) 468-8018 Pin 3*****

Discussion Topics:

1. WSO Quarterly Roundtable Meetings

The one-hour, quarterly, WSO Outreach Roundtable Meetings will begin on January 27th, 2019 at 4:00 pm EST (3:00 CST). The meetings will be held via Skype. If you want to join the roundtable, please send your Skype contact name and your Region or Area, if applicable, to outreach@nar-anon.org

Agenda:

Share recent outreach activity

Highlight a best practice or success story

Raise a question

Brainstorm about future projects

2. Previous Budget

Rosemary emailed the latest copy of previous Outreach Committee's budget/expenses to Kim

3. Outreach Newsletter

Prior to the meeting, Belle and Rosemary created the initial Outreach Newsletter ☺ and emailed a copy to each Committee Member for their review. During the meeting we discussed the Newsletter's content and format, the creation of future issues, distribution, and the content of the email that will be used for distribution. We will finalize the discussion of these items during our next meeting.

Discussion during the meeting included:

- Monthly or bi-monthly distribution? Rosemary suggested monthly
- Possible to have a workshop to create Newsletters in advance and add upcoming events prior to sending? If yes, when and how to conduct?
- Will need to send Newsletter far enough in advance for groups to have sufficient time to plan for upcoming events.
- Include recent past events in the Chair's Greeting at the top of the Newsletter
- September is Recovery month.
- How to ask GSR's if they shared the Newsletter at their meeting

Kim will create a list of possible literature placement locations to be included in the Newsletter and to be added to FL Nar-Anon website.

The content of the distribution email will be sent to Rosemary and Belle and included in the Feb. 4th meeting agenda.

The content of the Chair's message for the initial newsletter will be sent to Rosemary and Belle.

4. 501(c)3 letter for Alabama

Kevin made several calls to the WSO but receive any information.

Kim will submit an agenda item to the WSO Outreach Committee as a method of contact and she will try to find a contact within Alabama who can advise.

5. Meeting Lists

Important to ensure current physical meeting lists - replace outdated meeting lists.

Thank-you

Next Meeting: February 4, 2019 - 6:00 p.m. EST (5:00 p.m. CST)

Outreach Committee Meeting Notes

November 5, 2019: 6:00 – 7:00 p.m. (EST)

Roll Call

Nine (9) Total

Serenity Prayer

Discussion Topics: Chair (Kim F.)

1. Initial priority of Chair is to increase connection between groups which will improve cohesion of Nar-Anon fellowship in Florida Region.

Discussed map, previously sent to each committee member, dividing Florida Region into (10) segments, divided along county lines, with each segment containing 6 – 8 Nar-Anon groups.

(Map is included as an attachment to Meeting Notes.)

Committee members chose a segment that was not local to them and will call chair positions for each group in that segment.

(Groups with chair positions are listed by county in Meeting Contact List.)

Purpose of the call is to:

- ❖ Make a personal connection with a fellow Nar-Anon member in another group
- ❖ Learn about outreach being done by individual groups in order to share info with other groups in the Region
- ❖ Offer outreach support to all groups in the Region

A sample phone script was previously sent to each committee member so that our message will be the same, although the wording will be individual to each caller.

(Sample phone script is included as an attachment to Meeting Notes.)

Map Segment	Committee Member
1	Patti
2	Belle
3	Andrea
4	Terry
5	Yvette
6	Kim F.
7	Kim F.
8	Kim F.
9	Kevin
10	Kim L.

2. Second priority of Chair is to increase community awareness of Nar-Anon through outreach activities. Chair is creating an outreach packet that will include information that she thinks may have been helpful to her when she first started doing outreach for Nar-Anon.

Chair will send outreach packet to committee members for review prior to next meeting.

Comments/improvements to packet will be discussed during next meeting

3. Chair discussed "Group Connection Event" flyer that she received from Gina D (Port St. Lucie) on Oct. 19 and Oct. 26. This meet n' greet event took place on Nov. 2 and included the following agenda topics:

- * Outreach
- * Group Issues / Support Needed
- * How to Keep Newcomers
- * Joining a Committee
- * Sponsorship
- * Sharing E, S & H
- * Carrying the Message

Chair acknowledged that this event is an example of her 1st priority for the Outreach Committee, yet she didn't read the initial or follow-up emails until the day after the event took place.

4. During the September F2F Assembly, outgoing Vice-Chair (Whitney) mentioned that the NA Convention Chair for the FL Region had expressed a sentiment similar to "Where is Nar-Anon at NA Events? Why don't people know about Nar-Anon?" Whitney agreed to contact the NA Convention Chair so that the Outreach Committee can further Nar-Anon's cooperation with NA and increase our participation at NA Conventions/Events.

Round Table Discussion:

Important to define our goals: Outreach (to Community) vs. Inreach (to Nar-Anon Groups/Members)

Important to get the word out to other groups that they are not alone, that they have our support.

Many groups do not know that there is a Regional Outreach Committee.

Important to meet more people within our fellowship, to help them feel comfortable, and to encourage them to get and stay involved.

One way to support other meetings is to have an Outreach Meeting prior to a Nar-Anon meeting and have those who attend the Outreach Meeting stay to attend the Nar-Anon meeting.

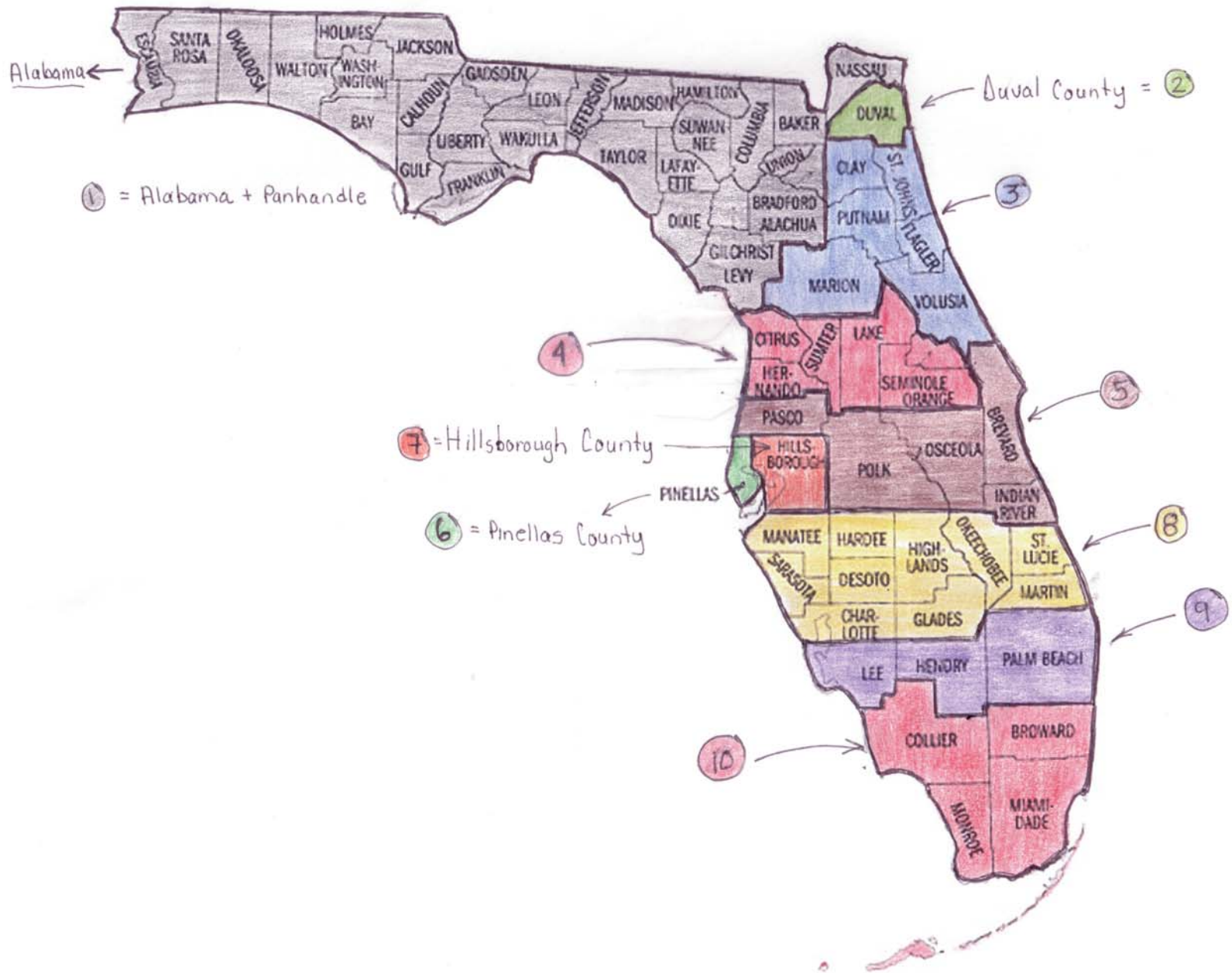
Most newcomers say that they find our meeting on-line but it's important to ask them how they found us on-line (directed to our website by another person (?) or doing an internet search for what subject (?), etc.)

NA is often very receptive to knowing about nearby Nar-Anon meetings.

Serenity Prayer

Next Meeting: December 3, 2019 - 6:00 p.m. EST

Thank-you



Hi xxxx (use the person's name :-), my name is Kim and I'm a member of the Outreach Committee for the FL Region of Nar-Anon. Our committee is trying to learn about the outreach being done by individual groups so that we can share this information with all of the groups in our FL Region. We'd like to know if your group is participating in outreach activities. And if you are, would someone in your group be willing to talk about your efforts and what activities have been successful? And if you're not, would you like to receive outreach information that may help your group's outreach efforts? Our committee is currently preparing an outreach activity packet that we can email and discuss with you. Please give me a call at this number when you have time. Thanks a lot, Kim

Outreach Committee Meeting Notes

December 3, 2019: 6:00 – 7:00 p.m. (EST)

Roll Call

Three (3) Total

Serenity Prayer

Discussion Topics: Chair (Kim F.)

1. Since we had a small group we did not discuss the outreach (in-reach) efforts & responses within our Nar-Anon fellowship. We will discuss this topic during our next meeting. It was also noted that not all Outreach Committee members receive the monthly Meeting Contact List that contains the corresponding county for each meeting. Please contact Kim F. if you do not receive the monthly Meeting Contact List.
2. Kim F. did not complete the outreach packet and send it to the committee members for review. The goal for this effort was moved forward one month.
3. Kim F. contacted Whitney regarding the NA Convention Chair's contact info and is awaiting Whitney's response.
4. Kim L. shared that the new Flagler meeting – A New Hope – will start on Thursday, Dec. 5th. It seems that there may have been a disconnection between the WSO and the FL Region however, since Kim L. did not receive a New Meeting Packet from the FL Region. During the next meeting we will discuss reimbursing for literature purchases made for new meetings and providing a fixed donation for literature purchases to each new meeting.
5. A new meeting began in St. Augustine on Nov. 24th – The Healing Hour.
Please support if possible.
5. During in-reach, Kim F. was told that the Outreach Card (www.naronfl.org) can be off-putting when distributed in rehab facilities, particularly for young users and their loved ones, since the word "Addiction" is so prominent and this term often cannot be accepted as applicable to them.
Please review the existing and proposed cards below. During the next meeting we will discuss these formats.

Existing:

Are you struggling with a loved one's
Addiction?

Nar-Anon Family Groups Can Help

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, we offer our help by sharing our experience, strength and hope.



For more information:
Florida Region Nar-Anon Family Groups
1-888-947-8885 • www.naranonfl.org
or contact: _____

Proposed with Contact Line:

Struggling with a Loved One's Addiction?

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Round Table Discussion:

There was consensus that outreach results are not directly related to outreach efforts. One of the goals of in-reach is to learn which outreach efforts have been most successful to meetings in our fellowship.

There was discussion regarding the increasing number of meetings but the decreasing number of attendees at established meetings.

Concern was expressed that meetings which are not connected to the FL Region (via service or attendance at Assembly Meetings) are at greater risk for not adhering to the Nar-Anon Traditions and thus at greater risk for being unhealthy meetings.

There was discussion about committee members visiting meetings as part of our in-reach efforts. Our mileage is reimbursable. Kim F. visited the Chuluota meeting last month; Kim F. will and Kim L. will visit the Palatka meeting this month.

Next Meeting: January 7th, 2020 - 6:00 p.m. EST

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